

NEWSLETTER

BULGARIAN SOCIETY FOR PSYCHODRAMA AND GROUP THERAPY



No 2. November, 1991

"...then I will look at you with your eyes
and you will look at me with mine."

J. L. Moreno

Dear members of the BSPGT,
Dear friends and colleagues,

Our Newsletter is once again at your disposal. In this second edition, you can read the information of the President of the BSPGT about the I-st Member's Conference of PIFE, held in Budapest on August 23-25, 1991, informations about the I-st meeting of the Club of BSPGT members and the meeting of the Committee of BSPGT on November 19, 1991.

INTERNATIONAL EVENTS

Information about the I-st Members' Conference of PIFE, held in Budapest on August 23-25, 1991

Galabina Tarashoeva-Marinova

The Conference started with a warming-up session and the first encounter - "Welcome to Budapest". The session was held in the big hall, where the map of Europe was drawn on the floor. Participants from different countries were invited to stand on the map of the country they come from. In this way, the wide representation of Germany and Hungary (20-30 people), the more modest representation of Switzerland, Poland, Norway, Italy, Austria, Bulgaria and Rumania (1-4 people) and the lack of representatives from many European countries could be observed. The work continued in small groups. Later, two circles from the participants, moving one to the other were formed, giving the possibility for short encounters between them. At the end of the session, everybody was invited to present his psychodrama teachers, choosing Auxiliary-Egos from the present people. Jacob L. Moreno, Zerka Moreno, Grete Leutz and many others could be seen on the stage. The Bulgarian group presented Gabrielle Wiesmann-Brun, Monica Zuretti and Helmut Beloch.

After a short break for a Welcome Cocktail, the Panel Discussion: The Psychodrama in Europe - pictures from the past - imagination for the future, was held. An inner circle from one representative for every country was formed and everyone was given the opportunity to present the situation of psychodrama in his/hers country. The representative of Rumania informed us that a psychodrama training group, lead by a German trainer, is due to start in Bucharest soon. Eva Roine from Norway said that J.L. Moreno visited the country in 1957. Nowadays in Norway, a lot of combined psychoanalytical and parapsychological associations exist. In 1986, an Institute for teaching psy-

choanalysis, parapsychology, psychodrama and theater was founded. This institute started with the education of 39 students and has by now 60 students in the different education programs. One of the first graduated from this Institute is an Yugoslavian woman, which plans to start a training program in Yugoslavia. In Germany there are 8-10 Institutes for psychodrama education, with about 5000 students. In the former GDR a training group started in March, 1991 and two others are due to start in January and March, 1992. Hungary has been visited by J.L. Moreno in 1960. The Hungarian Ferez Mercei developed his own version of psychodrama and created his own school. Ildico Meuvers, German psychodramatist of Hungarian origin, leads several training groups in Hungary. In 1991 the Hungarian Association of Psychodrama was founded with 60 full members and 40 special members. Gabrielle Wiesmann-Brun stated that there is no formal organization of psychodramatists in Switzerland. Export is a key word for Switzerland, the export of psychodramatists as well. In Poland a training group, lead by Sonja Beloch, has started 4 years ago and has just completed the education program. Nicola Atanassov presented the development of psychodrama in Bulgaria from a historical and from an actual perspective (a resume of the presentation is to be published in the next edition). Greetings from Italy were expressed by Terenzio Formenti.

On August 24 and 25, from 9 to 12 a.m., 4 parallel workshops of the sections: therapy, education, organizational development and theater proceeded.

On August 24, in the afternoon the I-st Ordinary Meeting of Members of PIFE was held with the following

agenda:

1. Report on activities by the board of directors
2. Report of the cash audit committee
3. Formal approval of the board activities report
4. Resolutions about modifications of the rules
5. Resolutions about the rules of membership, the rules of subscriptions and the internal rules of procedure of the board
6. Election of a treasurer
7. Election of the cash audit committee
8. Foundation of working committees
9. Questions of organization
10. Other topics

The report of the board of directors stated that PIFE has 55 individual and 3 group full members. There are 18 individual and 1 group special members.

After the Report on the activities of the PIFE, the question of the venue for the II Members' Conference was raised. The first spontaneous propositions were for Sofia. A question about the admission of PIFE as a group member of IAGP was answered by Giovanni Boria. He explained that after the regulations of the IAGP, this would not be possible before completing 5 years from the foundation of the candidate institution. Mr Boria also informed the meeting, that at the Montreal Congress next year, a psychodrama network is to be created within the IAGP.

Concerning point 4 on the agenda, the following modifications of the rules of the PIFE were accepted:

1 Abs 3 - "The association's activities shall extend over all those European countries in which members of the association are resident."

was changed to

1 Abs 3 - "The association's activities shall extend over all European countries."

9 Abs 4 - "If the general meeting of members does not have a quorum, the board of directors shall convene a new general meeting of members within three months. This general meeting of members shall be authorized to pass resolutions notwithstanding the number of members present."

was changed to

9 Abs 4 - "If the general meeting of members does not have a quorum, the meeting shall be postponed by one hour and then held with the same agenda and on the same place, notwithstanding the number of members present."

This modification was made following the rules of the Bulgarian Society of Psychodrama and Group Therapy. The possibility to delegate by letter one's right to vote, the differentiation of the grounds for absence, as well as other topics concerning this point, became an object of discussion.

Following additional regulation became:

9 Abs 11 - "Written resolutions

can be passed without a general assembly of members. A resolution shall be passed if a simple majority of those members who answered the application within six weeks, do agree with the proposal. This regulation shall not apply to the election of honorary members and to the dissolution of the association."

Thomas Brauner was elected treasurer and Manfred Gellert and Miklos Borbely were elected members of the cash audit committee.

Concerning point 8 of the agenda it was clarified that a project for the standards of 1-st level of psychodrama education is already prepared and will be published in January, 1992. The elaboration of standards for the II-nd level of education was found to be too difficult a task for the board because of the 4 different directions: therapy, education, organizational development and theater. For this reason 4 working committees were formed in order to work on the standards of these different training programs.

At the end of the meeting some other topics were raised. Dr Teodora Tomacsanyi from Hungary insisted on accepting a proportional repre-

sentation at the General Meeting, but the other representatives did not agree. Renate Freytag from Germany suggested a fund for helping psychodrama education in Eastern Europe to be created. The fund should be distributed by the board of directors according to the needs. Gabrielle Wiesmann-Brun posed a question about the conditions for a certificate for accomplished training, to be issued by PIFE. The necessary condition accepted was that at least one of the main trainers should be a member of the PIFE.

After the conference the Bulgarian representatives had a talk with Mr Beloch about some uncertainties. The difference between the Bulgarian branch of PIFE and the BSPGT was made clear. The training hours with teachers who are not members of the PIFE are going to be acknowledged as seminars.

The participation of two members of BSPGT in the Conference was made possible because of the financial help of Swiss friends and of the Organizing committee. Here we want to express our great thankfulness to them.

CLUB

First meeting of the Club of BSPGT

The meeting was held on November 12, 1991. The following members of the BSPGT participated: David Yeroham; Nicola Atanassov; Galabina Tarashoeva; Mariana Gardanova; Alexander Angelov; Evgueni Guentchev. This was the Club's founding meeting which proceeded as a discussion on its organization, substance and frame, as well as on other problems of the organization.

The idea that the Club should be a place for mutual supervision appeared to be very controversial. Such a need was expressed by some of the

present members. The serious counterargument was that if the Club is to be open for people from different groups with different level of education, the mutual supervision would not be possible. Another type of setting would be necessary. There were also other ideas for the functioning of the Club: to organize workshops for popularizing psychodrama; to lead the Club sessions in a psychodramatic way; to discuss questions of psychodrama education, e.g. the possibilities for students' psychodramatic practice, the standards, the needs, the fin-

ancing, the partnership and so on. In this connection the question of leading "self-experience groups" with students, as a first part of their future psychodrama training program, was discussed.

The good psychodramatic presentation by David Yeroham of two workshops at the VI Congress of the Bulgarian Psychiatrists this month, was acclaimed by the present.

For the next Club session the topic of standards for II level of psychodrama training was proposed.

INFORMATION

Meeting of the Committee on November 11, 1991.

The following problems were discussed: opening a foreign currency bank account; admittance of new members - designing an application form; sponsoring - checking the regulations for taxes alleviations of sponsors; General Assembly - election of

a new member of the cash auditing committee; deciding on the sum of the subscription rate for special members.

The General Assembly is called on December 10, 1991 after the Club meeting.

Next meeting of the Club is on December 10, 1991, 6 p.m. at the City

Psychiatric Dispensary.

The committee of BSPGT would like to apologize to the foreign readers of the newsletter for the translation mistake concerning the name of the society.

The actual name is *Bulgarian Society (not association) for Psychodrama and Group Therapy*

WE WILL BE EXTREMELY GRATEFUL TO ANYBODY WHO COULD SPONSOR OUR TRAINING PROGRAMMES WITH ANY AMOUNT OF MONEY!

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